

Town of Brookline

BEHAVIORAL HEALTH INTERVENTION PREVENTION PROGRAMS



**A PARTNERSHIP OF BROOKLINE
DEPARTMENT OF PUBLIC
HEALTH AND HUMAN SERVICES
WITH BROOKLINE PUBLIC
SCHOOLS**

COMMUNITY RESOURCES

**For support during a mental health crisis, call
the suicide hotline at 988**

Massachusetts Substance Abuse Information and
Education HELPLINE
800-327-5050
www.HELPLINE-ONLINE.com

Mass General Hospital ARMS Program
(Addictions Recovery Management Services)
617-643-4699
www.massgeneral.org/psychiatry

Children's Hospital
Adolescent Substance Assessment Program
617-355-2727

McLean Hospital, Alcohol and Drug Treatment
617-855-2800
www.mcleanhospital.org

Brookline Community Mental Health Center
617-277-8107
www.BrooklineCenter.org

AA (Alcoholics Anonymous)
617-426-9444
www.aa.boston.org

Al-Anon and Alateen
508-366-0556
www.ma-al-anon-alateen.org

National Teen Dating Abuse Helpline
866-331-9474
www.LoveIsRespect.org

REACH Domestic Violence Hotline
800-899-4000
www.reachma.org

CONTACT US

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**WE ARE HERE TO
HELP**

Services are located in room 149 at BHS. Please don't
hesitate to contact any of us! All information and
guidance is confidential.

Brookline's Prevention and Intervention Programs
are supported by the Brookline Department of Public
Health and Human Services and located
at Brookline High School .

BROOKLINE'S PREVENTION AND INTERVENTION PROGRAMS

Brookline's Prevention and Intervention Programs for Youth & Families—a division of the Brookline Department of Public Health – provides wellness programming via several distinct but interconnected initiatives:

B-CASA

Brookline Coalition Advocating for Substance Awareness (B-CASA) is a community coalition dedicated to the prevention of substance misuse through educating the public and advocating for policies, programs and resources.

B-PEN

Brookline Parent Education Network (B-PEN) helps parents navigate the social, emotional, and developmental challenges affecting today's teens and pre-teens – common challenges that can lead to risky behavior. B-PEN's resources and presentations help parents connect with:

- other parents
- school and town resources
- helpful information via written/electronic materials on a wide variety of teen concerns.

WWW.B-PEN.ORG
AND LIKE US ON
FACEBOOK

B-BHIP

The Brookline Behavioral Health Intervention and Prevention program provides consultation and counseling to students and their families for health risk behaviors such as alcohol, marijuana, vaping, and other drug-related problems. For more information: Call 617-713-5149 or stop by Rm 149 at BHS

Information & Referral

Program social workers provide students, parents and school staff with information on e-cigarettes, marijuana, alcohol, and prescription and other drug use. Counselors can help access community resources, such as outpatient and residential services, and self-help groups.

Direct Services

With expertise in adolescent development, the social workers of B-BHIP support students to make smart decisions as they navigate challenges ranging from healthy relationships to substance use. The program provides mental health and substance use evaluations, individual and group counseling, and parent guidance. All services are free and confidential.

Youth Diversion Program

Schools and police may refer students to this program for alcohol, marijuana, vaping, and other drug-related incidents, including violations of school chemical health policies. Referred youth receive a substance use assessment and are placed on an intervention contract that includes alcohol/drug education and counseling.

PEER LEADERS

Evidence shows that teens' social decisions are highly influenced by prevailing teen culture. BHS Peer Leaders are committed to improving the health and well-being of their fellow teens. They collaborate with B-BHIP social workers to design and implement school-wide prevention campaigns around healthy use awareness. They present on topics including teen dating violence, cyber-safety, bullying, and making smart decisions about alcohol, marijuana, and drug use.



The Peer Leadership programs goals are to:

- Engage multiple sectors of the community representing the diversity of Brookline (students, parents, school, public safety, mental health, and public health professionals)
- Promote evidence-based strategies for building resilience and emotional well-being
- Foster healthy teen relationships
- Reduce the incidence of alcohol, marijuana, drug, and tobacco use among Brookline youth